

What Do You Seek?

Take-Home 1: The Thirst

Keep this sheet. The sealed box below stays folded until the final session.

What We Found

A quarterback with three championship rings told a national audience there had to be more than this. Then we met a woman in Samaria who had run the same experiment five times, coming to a well at noon, the hottest hour of the day. A tired stranger asked her for a drink, and by the end of the conversation she had left her water jar behind and was telling that same town, “Come, see a man who told me all that I ever did” (John 4:29). We found God’s oldest diagnosis behind the scene: forsaking the fountain of living waters and digging broken cisterns that can hold no water (Jeremiah 2:13). And we put the first piece of a larger message on the table: you were made for God, and the ache when everything else falls short is a homing signal, not a malfunction.

The Story So Far

Piece One: You were made, on purpose, for a relationship with God. Restlessness is what being made for something feels like before you have it.

MY ANSWER (private, sealed)

In a sentence or two: What am I actually seeking? Write it below, fold this box closed, and keep the sheet. Nobody will read it but you. We open it, privately, at the final session.

Voices Worth Keeping

St. Augustine *Confessions, Book 1*

“You have made us for yourself, O Lord, and our heart is restless until it rests in you.”

St. Augustine on the well *Tractates on John, 15*

He who was asking for a drink was thirsting for the faith of the woman herself.

St. Teresa of Avila *traditionally attributed, from her breviary*

“Let nothing disturb you, let nothing frighten you... God alone suffices.”

Live It This Week

1. Complete and fold the sealed box above. Keep the sheet safe.
2. Once this week, sit with the ache for ten minutes instead of numbing it. Notice what it is actually asking for.
3. Optional: read Mark 2:1-12 before next time. Watch what gets blocked, and what Jesus says first.

SCRIPTURE MEMORY VERSE

“Whoever drinks of the water that I shall give him will never thirst.” John 4:14

Before Next Session

Read **Mark 2:1-12**. A crowded house, a blocked door, four friends, and a sentence nobody expected.

Catechism references from tonight: CCC 27, 30, 2560.